What is claimed is:

1. A mirror and mirror holder comprising:

a mirror having a longitudinal direction and a width direction perpendicular to the longitudinal direction that define a plane perpendicular to a normal to the reflecting surface of the mirror, having a first surface extending in the longitudinal direction and perpendicular to the width direction, and having end portions at opposite ends in the longitudinal direction;

a mirror holder for supporting said mirror and protecting the mirror on the top, bottom and back sides as well as on both ends;

a force dispersion plate contained in the mirror holder that includes a surface arranged adjacent the upper edge of said mirror at a central portion of said mirror in the longitudinal direction of said mirror; and

an adjustment device in the mirror holder for pressing said surface of the force dispersion plate against the upper edge of the mirror so that the central portion of said mirror flexes in the width direction relative to end portions of the mirror held in the mirror holder.

2. The mirror and mirror holder of claim 1, wherein said mirror is a cylindrical mirror with its greater length extending in the longitudinal direction.

3. The mirror and mirror holder of claim 1, and further comprising

projections of the mirror holder, which support the bottom of the mirror near both ends of the mirror in the longitudinal direction; and

said adjustment device is installed in the central section of the longitudinal direction of the mirror holder, and presses against the top edge of the mirror.

4. The mirror and mirror holder of claim 3, wherein said mirror is a cylindrical mirror with its greater length extending in the longitudinal direction.

5. The mirror and mirror holder of claim 1, wherein

said force dispersion plate is L-shaped with one leg of the L-shaped plate providing said surface of the force dispersion plate and the other leg of the L-shaped plate engaging a hole formed in said mirror holder for maintaining the position of the L-shaped plate.

6. The mirror and mirror holder of claim 1, in combination with a light scanning device, said light scanning device comprising:

a light source that produces a light beam; and

a deflection device on which said light beam is incident in an oblique direction and that sequentially deflects the light beam in different directions in order to form a scanning line; wherein

said mirror reflects light deflected from the deflection device so as to form a scanning line on an object; and

said adjustment device flexes the central portion of said mirror in order to reduce or eliminate bow in the scanning line on said object due to said light beam being incident on said deflection device in an oblique direction.

7. The mirror and mirror holder of claim 2, in combination with a light scanning device, said light scanning device comprising:

a light source that produces a light beam; and

a deflection device on which said light beam is incident in an oblique direction and that sequentially deflects the light beam in different directions in order to form a scanning line; wherein

said mirror reflects light deflected from the deflection device so as to form a scanning line on an object; and

said adjustment device flexes the central portion of said mirror in order to reduce or eliminate bow in the scanning line on said object due to said light beam being incident on said deflection device in an oblique direction.

8. The mirror and mirror holder of claim 3, in combination with a light scanning device, said light scanning device comprising:

a light source that produces a light beam; and

a deflection device on which said light beam is incident in an oblique direction and that sequentially deflects the light beam in different directions in order to form a scanning line; wherein

said mirror reflects light deflected from the deflection device so as to form a scanning line on an object; and

said adjustment device flexes the central portion of said mirror in order to reduce or eliminate bow in the scanning line on said object due to said light beam being incident on said deflection device in an oblique direction.

9. The mirror and mirror holder of claim 4, in combination with a light scanning device, said light scanning device comprising:

a light source that produces a light beam; and

a deflection device on which said light beam is incident in an oblique direction and that sequentially deflects the light beam in different directions in order to form a scanning line; wherein

said mirror reflects light deflected from the deflection device so as to form a scanning line on an object; and

said adjustment device flexes the central portion of said mirror in order to reduce or eliminate bow in the scanning line on said object due to said light beam being incident on said deflection device in an oblique direction.

10. The mirror and mirror holder of claim 5, in combination with a light scanning device, said light scanning device comprising:

a light source that produces a light beam; and

a deflection device on which said light beam is incident in an oblique direction and that

sequentially deflects the light beam in different directions in order to form a scanning line;

wherein

said mirror reflects light deflected from the deflection device so as to form a scanning line on an object; and

said adjustment device flexes the central portion of said mirror in order to reduce or eliminate bow in the scanning line on said object due to said light beam being incident on said deflection device in an oblique direction.